Christ King Gives Back

Students will make cards for nursing home residents and placemats for the meal program.

K4-2nd Session Descriptions

<u>Hand Casts</u> - Make a sculpture of your hand as a keepsake to display or share with a special person.

<u>Wildcard Gymnastics</u> - Get ready to get your body moving and practice some of your favorite gymnastics skills. Warm it up, quick stretch, and off to the obstacle course where you will have to navigate through a variety of stations guaranteed to give you a workout!

<u>Hand Molds</u> - Make a mold of your hand as a keepsake to display or share with a special person.

<u>Tae Kwon Do</u> - Learn beginner basics of Tae Kwon Do and the life skill of focusing attention

Fun at the Carnival - Have fun participating in carnival games and a craft

<u>Hula Hoops</u> - It's time to get reacquainted with the hula hoop! It is not just for hip swirling anymore.

Rescue Gang Dog Rescue - Learn what the Rescue Gang does and have a chance to meet some of their dogs.

<u>Bubble Centers</u> - Have fun exploring bubbles through a variety of wands and tools.

Schedule

2A:

Session 1: Hand Casts

Session 2: Wildcard Gymnastics

Session 3: Christ King Gives Back

2B:

Session 1: Wildcard Gymnastics

Session 2: Hand Casts

Session 3: Christ King Gives Back

1A:

Session 1: Hand Mold

Session 2: Tae Kwon Do

Session 3: Christ King Gives Back

1B:

Session 1: Tae Kwon Do

Session 2: Hand Mold

Session 3: Christ King Gives Back

K5A:

Session 1: Carnival

Session 2: Hula Hoops

Session 3: Christ King Gives Back

K5B:

Session 1: Hula Hoops

Session 2: Carnival

Session 3: Christ King Gives Back

K4A:

Session 1: Rescue Gang

Session 2: Bubble Centers

Session 3: Christ King Gives Back

K4B:

Session 1: Bubble Centers

Session 2: Rescue Gang

Session 3: Christ King Gives Back