

Parent Engagement Series

Parenting is hard work!

The constant demands for time and attention, the ever-present dangers of social media, and the pressure on children to excel in and out of school are just a few examples of the challenges we face. Add to that a pandemic and a divisive culture: it's no wonder polls report high levels of stress among parents.

We are pleased to share this new series to help us tackle some of these struggles with the hope characteristic of disciples of Jesus Christ. Many sessions will also offer a Zoom option for those unable to attend in person.

Wednesday, November 17 North Hall, 6:30-7:30pm "Core Beliefs about Student Learning"

Wouldn't you like to be a fly on the wall of your child's classroom? In our opener of the series, we'll engage in a fun, relationship-building activity that demonstrates what CK teachers believe about the learning process and about the dignity of each child. You will leave inspired and refreshed, confident in the knowledge that CK is a loving environment for your child to learn and grow. RSVP required for this session for those wishing to attend in person:



Sunday, Dec. 12 | Parish Dining Room, 9:15-10:15am "Unstoppable Catholic Families"

Christ King principal Grace M. Urbanski will share her favorite way to connect with Jesus and the Mass. She is especially excited about this gathering because Christ King School is focusing on the Mass this year. This gathering will feel like a mini-retreat, providing an intimate encounter with Christ and the strength for families to face the challenges of daily life.

Wednesday, Jan. 19 | North Hall, 6:30-7:30pm Social "Media's Impact on Children"

We've all heard the frightening stories of how damaging social media can be on young hearts and minds. A recent series in the Wall Street Journal found that popular apps negatively affect their relationships, body image, and sense of self-worth. Yet we all know eliminating social media from our children's digital diet for the long-term seems impossible. In this session, Suzanne Nickolai, Archdiocese of Milwaukee Safe Environment Manager, will share tips on developing healthy digital citizens.

Monday, February 7 | North Hall, 6:30-7:30pm "Reconciliation"

Second grade parents are required to attend this gathering, but all parents are warmly invited! I will build on the insights from the December 12 gathering, connecting our daily life experiences to the healing Jesus offers in the sacrament of Reconciliation.

Wednesday, March 23 | North Hall, 6:30-7:30pm "Civil Discourse in a Divided Age"

As Catholics, we always strive to love our neighbors. But what happens when we totally disagree with them? In this session, we'll learn how to have productive conversations and find common ground with people whose perspectives and opinions are different from our own. Speaker TBD.

Wednesday, May 18 | North Hall, 6:30-7:30pm "Raising Resilient Children"

Our competitive and fast-paced culture often contributes to anxiety and attachment difficulties in our children. What are some tools to give them the confidence, independence, and perseverance to succeed? Clinical social worker (and Saint Bernard parishioner) Sofia Bambulas-Thorn will offer guidance on how to raise children who can meet challenges with resilience.

